

2023 Section 7A Championship

June 1st at Griggs Field, Duluth

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Tate Nelson 10 Two Harbors 10.92 1.1
- 2 Kaden Robbins 11 Moose Lake/Willow River 11.49 1.1
- 3 Gavin Reynolds 10 Barnum 11.55 1.1
- 4 Ryan Christiansen 12 Cook County 11.60 1.1
- 5 Jacob Carpenter 10 Silver Bay 11.77 1.1
- 6 Javontae Gregory 12 Esko 11.91 1.1
- 7 Jordan Latola 12 Mesabi East 11.92 1.1
- 8 Ty McCall 11 Marshall (Duluth) 12.11 1.1

Varsity Boys 100 Meters Prelims

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Athlete Yr Team Mark

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- 1 Tate Nelson 10 Two Harbors 11.00
- 2 Kaden Robbins 11 Moose Lake/Willow River 11.63
- 3 Ryan Christiansen 12 Cook County 11.74
- 4 Gavin Reynolds 10 Barnum 11.76
- 5 Jacob Carpenter 10 Silver Bay 11.82
- 6 Javontae Gregory 12 Esko 11.90
- 7 Jordan Latola 12 Mesabi East 12.00
- 8 Ty McCall 11 Marshall (Duluth) 12.11
- 9 Jace Stewart 11 Esko 12.12
- 10 Cash Williams 11 Silver Bay 12.17
- 11 Sulvoris Wallace 10 Mesabi East 12.21
- 12 Jack Grell 12 Aitkin 12.28
- 13 Greyson Chance 9 Greenway/Nashwauk/Keewati 12.28
- 14 Tyler Jacobson 12 Mesabi East 12.44

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Delaney Nelson 9 Two Harbors 12.69 2
- 2 Mary Versteeg 9 International Falls 12.90 2
- 3 Tanja Thomas 11 Silver Bay 13.03 2
- 4 Kaitlyn McConnell 10 Esko 13.13 2
- 5 Hailey Johnson 10 Chisholm 13.18 2
- 6 Jaci Rebrovich 11 Greenway/Nashwauk/Keewati 13.24 2
- 7 Teagan Piecek 12 Aitkin 13.54 2
- 8 Jezirae Flack 8 Chisholm 13.69 2

Varsity Girls 100 Meters Prelims

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Athlete Yr Team Mark

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- 1 Delaney Nelson 9 Two Harbors 12.77
- 3 Tanja Thomas 11 Silver Bay 13.17
- 2 Kaitlyn McConnell 10 Esko 13.22
- 4 Mary Versteeg 9 International Falls 13.25
- 5 Hailey Johnson 10 Chisholm 13.47
- 6 Jaci Rebrovich 11 Greenway/Nashwauk/Keewati 13.57
- 7 Teagan Piecek 12 Aitkin 13.60
- 8 Jezirae Flack 8 Chisholm 13.90
- 9 Gabby Loucks 7 Carlton-Wrenshall 13.91
- 10 India Johnson 11 Moose Lake/Willow River 13.96
- 11 Jillian Bilben 11 International Falls 13.99
- 12 Sophie Johnson 11 South Ridge/Cherry/North 14.16
- 13 Payton Heittola 7 Carlton-Wrenshall 14.17
- 14 Jasmine Wu 12 Lakeview Christian Academ 16.18

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Tate Nelson 10 Two Harbors 22.94 1.1
- 2 Evan James 10 Mesabi East 23.52 1.1
- 3 Caden Sheff 11 Barnum 23.80 1.1
- 4 Finely Ratliff 11 Mountain Iron-Buhl 24.12 1.1
- 5 Landan Ruotsalainen 11 South Ridge/Cherry/North 24.49 1.1
- 6 Layne Radzak 9 Moose Lake/Willow River 24.54 0.8
- 7 Gino Bertogliat 11 Esko 24.55 0.8
- 8 Carter Steele 11 Mesabi East 24.72 0.8
- 9 Carter Bechthold 12 Lakeview Christian Academ 24.84 1.1
- 10 Evan Rydberg 10 Crosby-Ironton 24.87 0.8
- 11 Cooper Levander 12 Mesabi East 25.07 1.1
- 12 Jordan Huff Metso 12 Greenway/Nashwauk/Keewati 25.31 0.8
- 13 Noah Harrison 11 Deer River/Northland 25.44 0.8
- Ryan Christiansen 12 Cook County 23.9
- Kaleb Berka 10 Cook County 24.6
- MaCoy Fairbanks 8 Cook County 0:25.4
- Talon DeBoer 8 Cook County 25.4

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Emma Warner 11 Mcgregor 26.32 2
- 2 Delaney Nelson 9 Two Harbors 26.58 2
- 3 Hailey Johnson 10 Chisholm 26.66 2
- 4 Jenna Marxhausen 12 Two Harbors 26.95 2

- 5 Tanja Thomas 11 Silver Bay 27.20 2
- 6 Tyler Orvedahl 8 Moose Lake/Willow River 27.22 2
- 7 Mary Versteeg 9 International Falls 27.41 2
- 8 Isabella McCall 7 Barnum 27.62 1.2
- 9 Teagan Piecek 12 Aitkin 28.13 1.2
- 10 Mia Domiano 10 Mesabi East 28.22 2
- 11 Liberty Clifford 10 Esko 28.33 1.2
- 12 Layla Miskovich 11 Greenway/Nashwauk/Keewati 28.60 1.2
- 13 Grace Latourell 11 Ely 28.77 1.2
- 14 Izzy Wiita 7 Mountain Iron-Buhl 29.84 1.2

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Roma Jacques 12 Cromwell-Wright 51.28
- 2 Dylan Schwarz 11 Deer River/Northland 51.81
- 3 Noah Markfort 12 Mesabi East 52.59
- 4 Alec Wake 12 Deer River/Northland 52.83
- 5 Noah Larson 11 Crosby-Ironton 53.43
- 6 Wesley Ward 12 Carlton-Wrenshall 54.13
- 7 Ayden Althaus 11 Silver Bay 54.53
- 8 Casey Flett 12 Greenway/Nashwauk/Keewati 55.64
- 9 Micah Thompson 9 Moose Lake/Willow River 55.64
- 10 Jarek Casperson 10 Cromwell-Wright 55.82
- 11 Jeremy Huff-Metso 11 Greenway/Nashwauk/Keewati 56.11
- 12 Oliver Toftness 10 Crosby-Ironton 56.16
- 13 Jaxsyn Schmidt 11 Moose Lake/Willow River 57.56
- 14 Ethan Jacobson 10 Mesabi East 1:03.21

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Trinity Giddings 10 Two Harbors 57.50
- 2 Grace Swanson 12 Two Harbors 59.32
- 3 Siiena Anderson 10 Cromwell-Wright 1:03.31
- 4 Valerie Melander 9 Silver Bay 1:03.92
- 5 Paige Dean 10 Mcgregor 1:04.98
- 6 Madison Ellefson 10 South Ridge/Cherry/North 1:05.52
- 7 Ashlyn Schwarz 9 Deer River/Northland 1:05.56
- 8 Olivia Pascuzzi 7 Chisholm 1:05.70
- 9 Grace Latourell 11 Ely 1:07.25
- 10 Rebekah Ojard 10 Lakeview Christian Academ 1:07.42
- 11 Chloe Green 8 Mesabi East 1:07.60
- 12 Macy Hanson 10 Esko 1:07.87
- 13 Ella Peterson 9 Two Harbors 1:08.49
- 14 Nora Wake 7 Deer River/Northland 1:09.08

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Joseph Ringhand 11 Crosby-Ironton 2:01.95
- 2 Benjamin Plackner 12 Greenway/Nashwauk/Keewati 2:02.30
- 3 Carter Skelton 12 Mesabi East 2:03.91
- 4 Wesley Ward 12 Carlton-Wrenshall 2:07.12
- 5 Darian Morgart 12 Mcgregor 2:07.22
- 6 Jack Riley 11 Carlton-Wrenshall 2:07.78
- 7 Alec Halvorson 10 Esko 2:10.64
- 8 Riley Koran 9 Greenway/Nashwauk/Keewati 2:12.30
- 9 Elijah Smith 10 Two Harbors 2:12.95
- 10 Carson Slattery 11 Mesabi East 2:15.30
- 11 Silas Solum 10 Ely 2:17.69
- 12 Matthew Schaaf 12 Deer River/Northland 2:17.95
- 13 Caleb Peters 10 International Falls 2:18.11
- 14 Parker Jackson 12 Mcgregor 2:18.98
- Tristan Surbaugh 12 Cook County 2:19
- Brayden Schmidt 11 Cook County 2:22
- Grant Oberg 8 Cook County 2:26
- Chance Jacobsen 7 Cook County 2:32

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Sophia Blanck 10 Silver Bay 2:21.73
- 2 Emaleigh Olesiak 11 Cromwell-Wright 2:30.42
- 3 Kiera Kylander-Johnson 8 Marshall (Duluth) 2:32.05
- 4 Sierra Geatz 8 Silver Bay 2:32.58
- 5 Olivia Pascuzzi 7 Chisholm 2:34.71
- 6 Margaret Ringhand 9 Crosby-Ironton 2:36.04
- 7 Madeline Lacerte 9 Crosby-Ironton 2:36.83
- 8 Ruth Sandstrom 9 Carlton-Wrenshall 2:37.72
- 9 Ceilia Prenier 10 Esko 2:40.62
- 10 Scarlett Vanderscheuren 11 South Ridge/Cherry/North 2:40.99
- 11 Taylor Covier 7 Greenway/Nashwauk/Keewati 2:41.93
- 12 Amelia Olson 10 Moose Lake/Willow River 2:42.14
- 13 Brooklynn Noble 9 Bigfork 2:44.80
- 14 Mikaela Goggeleye 9 Bigfork 2:45.38

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Ian Thorpe 12 Two Harbors 4:33.24
- 2 Jack Riley 11 Carlton-Wrenshall 4:37.13
- 3 Parker Jackson 12 Mcgregor 4:40.77

- 4 Tyler Morse 10 South Ridge/Cherry/North 4:53.12
- 5 Kean Selin 12 Cook County 4:54.33
- 6 Phoenix Anderson 9 Cromwell-Wright 4:56.52
- 7 Eli Berger 8 Barnum 5:00.09
- 8 Hunter Milstead 10 Greenway/Nashwauk/Keewati 5:00.60
- 9 Michael Schiller 10 Cromwell-Wright 5:05.85
- 10 Nick Swartz 9 Silver Bay 5:07.43
- 11 Connor Feldt 10 Mesabi East 5:14.88
- 12 Leighton Helander 11 Mountain Iron-Buhl 5:14.91
- 13 Max Petry 10 Moose Lake/Willow River 5:25.76
- 14 Quinn Fierkelepp 11 South Ridge/Cherry/North 5:40.75

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Lamar Gordon 12 Two Harbors 5:25.15
- 2 Liz Nelson 11 Mountain Iron-Buhl 5:28.28
- 3 Molly Brophy 8 Ely 5:32.95
- 4 Kate Nelson 11 Mountain Iron-Buhl 5:40.98
- 5 Emma Williams 12 Greenway/Nashwauk/Keewati 5:48.17
- 6 Amelia Olson 10 Moose Lake/Willow River 5:53.56
- 7 Lizzy Wells 10 Esko 5:57.69
- 8 Lexi Surbaugh 10 Cook County 5:59.56
- 9 Kira Hamilton 10 Aitkin 6:01.61
- 10 Tatum Barto 9 South Ridge/Cherry/North 6:02.12
- 11 Anna Westin 10 Crosby-Ironton 6:04.42
- 12 Shannon Granquist 11 Moose Lake/Willow River 6:07.82
- 13 Elsa Ellerbroek 9 Ely 6:11.91
- 14 Jocelyn Carr 11 Two Harbors 6:12.77

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Noah Foster 12 Cromwell-Wright 9:42.65
- 2 Ian Thorpe 12 Two Harbors 10:10.27
- 3 Elliott Wasche 10 Moose Lake/Willow River 10:20.89
- 4 Alex Burckhardt SR 10 South Ridge/Cherry/North 10:28.23
- 5 Levi Danielson 11 Greenway/Nashwauk/Keewati 10:30.70
- 6 Benjamin Meysembourg 12 Esko 10:34.40
- 7 Cyrus Myers 12 Two Harbors 10:41.74
- 8 Sawyer FierkeLepp 10 South Ridge/Cherry/North 10:49.10
- 9 Tristan Surbaugh 12 Cook County 11:13.86
- 10 David Tuttle 10 Carlton-Wrenshall 11:19.47
- 11 Isaac Danielson 8 Greenway/Nashwauk/Keewati 11:25.10
- 12 Lincoln Antikainen 9 South Ridge/Cherry/North 11:42.12
- 13 Timmy Green 9 Mesabi East 11:50.97
- 14 Jorge Gatica 8 Cromwell-Wright 11:58.26

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Abbigail Hutchinson 11 International Falls 12:07.92
- 2 Lola Champlin 9 Greenway/Nashwauk/Keewati 12:11.40
- 3 Molly Brophy 8 Ely 12:35.31
- 4 Brooklyn Wasche 9 Moose Lake/Willow River 12:54.93
- 5 Isabel Riley 9 Carlton-Wrenshall 12:55.09
- 6 Lola Hall 7 International Falls 13:02.63
- 7 Gabby Rosecrans 11 Crosby-Ironton 13:17.02
- 8 Claire Blauch 11 Ely 13:26.43
- 9 Abby Cid 12 Carlton-Wrenshall 13:48.70
- 10 Anna Dunn 10 Ely 14:01.33
- 11 Molly Franke 7 Aitkin 14:15.12
- 12 Danica Wyman 8 Moose Lake/Willow River 14:23.15

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Olivia Thostenson 11 International Falls 16.11 0.2
- 2 Gwendolyn Lilly 11 Esko 16.67 0.2
- 3 Jasmine Wu 12 Lakeview Christian Academ 16.88 0.2
- 4 Tika May 9 Aitkin 17.56 0.2
- 5 Summer Hesseldahl 12 International Falls 17.73 0.2
- 6 Katie Storlie 12 Deer River/Northland 17.78 0.2
- 7 Megan Chopskie 12 Esko 17.85 0.2
- 8 Kaylee Kangas 10 Greenway/Nashwauk/Keewati 17.93 0.2

Varsity Girls 100m Hurdles Prelims

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Athlete Yr Team Mark

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- 1 Olivia Thostenson 11 International Falls 16.59
- 2 Jasmine Wu 12 Lakeview Christian Academ 16.81
- 3 Gwendolyn Lilly 11 Esko 17.24
- 4 Katie Storlie 12 Deer River/Northland 17.60
- 5 Summer Hesseldahl 12 International Falls 17.62
- 6 Megan Chopskie 12 Esko 17.90
- 7 Tika May 9 Aitkin 17.95
- 8 Kaylee Kangas 10 Greenway/Nashwauk/Keewati 18.07
- 9 Brita Westman 10 Aitkin 18.11
- 10 Savannah Holm 12 Aitkin 18.27
- 11 Alissa Yanez 12 Greenway/Nashwauk/Keewati 18.50
- 12 Corinne Hubbard 12 Greenway/Nashwauk/Keewati 18.51
- 13 Shea Hennessy 8 Bigfork 19.01

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Carter Zezulka 12 Esko 16.23 0.2
- 2 Armando Salazar 12 Deer River/Northland 16.30 0.2
- 3 Shane Zancauske 12 Chisholm 16.55 0.2
- 4 Wyatt Jantzen 9 International Falls 17.00 0.2
- 5 Spencer Strohm 10 Barnum 17.01 0.2
- 6 Hayden Charboneau 11 Barnum 17.35 0.2
- 7 Camden Visnovec 10 Aitkin 17.38 0.2
- 8 Elio Mendoza Delgado 12 Crosby-Ironton 19.03 0.2

Varsity Boys 110m Hurdles Prelims

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Athlete Yr Team Mark

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- 1 Shane Zancauske 12 Chisholm 16.49
- 3 Carter Zezulka 12 Esko 16.50
- 2 Armando Salazar 12 Deer River/Northland 16.77
- 4 Wyatt Jantzen 9 International Falls 17.46
- 5 Spencer Strohm 10 Barnum 17.47
- 6 Hayden Charboneau 11 Barnum 17.73
- 7 Elio Mendoza Delgado 12 Crosby-Ironton 17.83
- 8 Camden Visnovec 10 Aitkin 18.04
- 9 Leo Stalmer 11 Ely 18.29
- 10 Carter Nelson 9 Two Harbors 18.62
- 11 Keenan Head 10 Barnum 19.32
- 12 Gage Roberts 11 Greenway/Nashwauk/Keewati 19.72
- 13 Ezra McGonigle 12 International Falls 19.86
- 14 Maxwell Gangl 10 Greenway/Nashwauk/Keewati 20.43

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Armando Salazar 12 Deer River/Northland 41.67
- 2 Gage Roberts 11 Greenway/Nashwauk/Keewati 43.56
- 3 Wyatt Jantzen 9 International Falls 44.64
- 4 Tommy DeChantal 9 Two Harbors 44.85
- 5 Tanner Collman 11 Cromwell-Wright 44.90
- 6 Keenan Head 10 Barnum 45.17
- 7 Leo Stalmer 11 Ely 45.21
- 8 Alex Palm 12 Aitkin 45.51
- 9 MaCoy Fairbanks 8 Cook County 46.00
- 10 Shane Zancauske 12 Chisholm 46.07
- 11 Elio Mendoza Delgado 12 Crosby-Ironton 46.49
- 12 Camden Visnovec 10 Aitkin 47.82
- 13 Hayden Charboneau 11 Barnum 47.83

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Abbigail Hutchinson 11 International Falls 47.99
- 2 Tika May 9 Aitkin 49.58
- 3 Jasmine Wu 12 Lakeview Christian Academ 49.89
- 4 Megan Chopskie 12 Esko 50.33
- 5 Kaylee Kangas 10 Greenway/Nashwauk/Keewati 51.06
- 6 Brecklyn Shovein 8 Esko 53.13
- 7 Aili Lund 10 Barnum 54.33
- 8 Isabella Nyberg 8 Cromwell-Wright 54.53
- 9 Caitlynn Hemphill 9 Deer River/Northland 54.57
- 10 Katie Storlie 12 Deer River/Northland 55.78
- 11 Alissa Yanez 12 Greenway/Nashwauk/Keewati 56.17
- 12 Destiny Schmitz 8 Chisholm 56.67
- 13 Olivia Thostenson 11 International Falls 56.96

Varsity Boys 4x100m Relay Finals

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Team Time

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- 1 Moose Lake/Willow River 44.19
- 2 Mesabi East 44.76
- 3 Esko 44.87
- 4 Two Harbors 46.06
- 5 Barnum 46.88
- 6 Greenway/Nashwauk/Keewatin 47.08
- 7 Cook County 47.39
- 8 Mountain Iron-Buhl 48.89

Varsity Girls 4x100m Relay Finals

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Team Time

=====

- 1 Esko 51.45
- 2 Mesabi East 51.61
- 3 International Falls 51.97
- 4 Moose Lake/Willow River 52.07
- 5 Greenway/Nashwauk/Keewatin 52.68
- 6 Aitkin 53.01
- 7 Chisholm 53.15
- 8 Two Harbors 54.60

Varsity Boys 4x200m Relay Finals

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Team Time

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- 1 Mesabi East 1:32.68
- 2 Crosby-Ironton 1:33.17
- 3 Moose Lake/Willow River 1:33.94
- 4 Aitkin 1:36.31
- 5 Chisholm 1:36.40
- 6 Cook County 1:39.69
- 7 Barnum 1:41.98
- 8 Silver Bay 1:44.97

Varsity Girls 4x200m Relay Finals

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Team Time

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- 1 Two Harbors 1:46.56
- 2 Moose Lake/Willow River 1:49.75
- 3 Mesabi East 1:50.07
- 4 Mcgregor 1:51.62
- 5 Ely 1:55.70
- 6 Cromwell-Wright 1:55.95
- 7 Chisholm 1:59.81
- 8 International Falls 2:01.18

Varsity Boys 4x400m Relay Finals

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Team Time

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- 1 Cromwell-Wright 3:28.85
- 2 Crosby-Ironton 3:32.35
- 3 Esko 3:33.33
- 4 Mesabi East 3:34.08
- 5 Deer River/Northland 3:37.05
- 6 Greenway/Nashwauk/Keewatin 3:40.19
- 7 Mcgregor 3:53.59
- 8 Chisholm 3:59.80

Varsity Girls 4x400m Relay Finals

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Team Time

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- 1 Two Harbors 4:07.26
- 2 Mcgregor 4:19.62
- 3 Mountain Iron-Buhl 4:22.03
- 4 Cromwell-Wright 4:23.35
- 5 Mesabi East 4:25.79
- 6 Moose Lake/Willow River 4:29.17
- 7 Ely 4:34.41
- 8 South Ridge/Cherry/North Woods/NE Range 4:36.73

Varsity Boys 4x800m Relay Finals

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Team Time
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- 1 Cromwell-Wright 8:13.82
- 2 Esko 8:30.72
- 3 Greenway/Nashwauk/Keewatin 8:42.23
- 4 Mesabi East 9:06.98
- 5 Lakeview Christian Academy 9:35.42
- 6 Ely 9:38.42
- 7 Cook County 9:42.29
- 8 Carlton-Wrenshall 9:49.05

Varsity Girls 4x800m Relay Finals

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Team Time
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- 1 Two Harbors 9:54.60
- 2 Crosby-Ironton 10:15.80
- 3 Greenway/Nashwauk/Keewatin 10:34.03
- 4 Carlton-Wrenshall 10:41.11
- 5 South Ridge/Cherry/North Woods/NE Range 10:41.21
- 6 Ely 10:47.12
- 7 Esko 10:55.84
- 8 International Falls 11:18.81

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark
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- 1 Wyatt Hudspith 12 Esko 49-11.25
- 2 JP Mesojedec 12 Moose Lake/Willow River 48-03.75
- 3 Chase Jacobson 11 Bigfork 47-11.75
- 4 Dylan Klancher 12 Crosby-Ironton 46-01.25
- 5 Alex Schneider 12 Mountain Iron-Buhl 44-03.25
- 6 Braden Skifstad 12 International Falls 41-05.25
- 7 Ethan Kunz 12 Aitkin 40-01.25
- 8 Renat Godovan 11 International Falls 39-05.50
- 9 Josh Johnson 10 Lakeview Christian Academ 37-07.75
- 10 Mark Hall 11 Barnum 37-03.00
- 11 Braedyn Male 11 Esko 36-04.75
- 12 Trenten Meeks 11 Silver Bay 36-01.75
- 13 Lucas Hollis 9 International Falls 36-01.50

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark
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- 1 Emmalee Oviatt 12 Greenway/Nashwauk/Keewati 36-03.50
- 2 Annaka Bogenholm 11 Barnum 35-06.50

- 3 Reese Kuklinski 10 Esko 33-06.00
- 4 Maya Johnson 8 Esko 32-03.00
- 5 Julia Peterson 10 Carlton-Wrenshall 31-03.50
- 6 Jillian Bilben 11 International Falls 29-06.50
- 7 Rebekah Storlie 12 Bigfork 29-06.25
- 8 Frankie Cuellar 11 Greenway/Nashwauk/Keewati 29-03.50
- 9 Kari Rice 12 McGregor 28-11.00
- 10 Ray Anderson 10 Marshall (Duluth) 28-05.00
- 11 Natasha Fulkrod 12 Ely 27-10.00
- 12 Eleanor Prato 10 Bigfork 27-08.50
- 13 Katherine Larson 11 Mesabi East 27-07.75
- 14 Mya Gronner 11 Cromwell-Wright 27-05.00

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 Wyatt Hudspith 12 Esko 141-05
- 2 Braden Skifstad 12 International Falls 130-07
- 3 Dylan Klancher 12 Crosby-Ironton 129-11
- 4 Josh Johnson 10 Lakeview Christian Academ 129-07
- 5 Alex Schneider 12 Mountain Iron-Buhl 125-10
- 6 Chase Jacobson 11 Bigfork 111-04
- 7 Martin Henke 12 Aitkin 109-07
- 8 Mark Hall 11 Barnum 106-05
- 9 Clay Forsman 12 Ely 99-09
- 10 Tom Lampela 10 Two Harbors 94-11
- 11 Sean Connor 12 Chisholm 92-10
- 12 Renat Godovan 11 International Falls 85-07
- Louis Champlin 10 Greenway/Nashwauk/Keewati FOUL
- Aidan Adamski 10 Marshall (Duluth) FOUL

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Kaylin Visser 8 Ely 105-05
- 2 Annaka Bogenholm 11 Barnum 101-07
- 3 Emmalee Oviatt 12 Greenway/Nashwauk/Keewati 98-04
- 4 Frankie Cuellar 11 Greenway/Nashwauk/Keewati 91-00
- 5 Kari Rice 12 McGregor 90-07
- 6 Maya Johnson 8 Esko 89-04
- 7 Natasha Fulkrod 12 Ely 88-00
- 8 Sydney Goss 8 Greenway/Nashwauk/Keewati 87-01
- 9 Graci Bissonnette 12 International Falls 82-10
- 10 Malea Jerry 11 Moose Lake/Willow River 82-03
- 11 Sage Hennen 9 South Ridge/Cherry/North 78-04
- 12 Emma Peterson 12 Carlton-Wrenshall 74-02
- 13 Kyra Johnson 11 Esko 72-02

-- Julia Peterson 10 Carlton-Wrenshall FOUL

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Charlie Thompson 12 Chisholm 6-00.00
- 2 Braedyn Male 11 Esko 6-00.00
- 3 Carter Zezulka 12 Esko 6-00.00
- 4 Noah Larson 11 Crosby-Ironton 5-10.00
- 5 John Duffy 10 Greenway/Nashwauk/Keewati 5-08.00
- 6 Cooper Wippler 10 Mesabi East 5-08.00
- 7 Braden Thronson 10 Chisholm 5-06.00
- 7 Dylan Schwarz 11 Deer River/Northland 5-06.00
- 9 Lucas Chesbrough 9 Moose Lake/Willow River 5-06.00
- 10 Isaiah Baker 9 Aitkin 5-06.00
- 11 Sulvoris Wallace 10 Mesabi East 5-04.00
- 11 Spencer Strohm 10 Barnum 5-04.00
- 13 Hayden Roche 11 Chisholm 5-04.00

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Kaitaia Klemetsen 11 South Ridge/Cherry/North 5-02.00
- 2 Olivia Thostenson 11 International Falls 5-00.00
- 3 Tresa Baumgard 11 Chisholm 5-00.00
- 4 Tatum Peterson 12 Deer River/Northland 4-08.00
- 4 Karly Holm 12 Two Harbors 4-08.00
- 6 Kyra Johnson 11 Esko 4-08.00
- 7 Memphys Tendrup 10 Bigfork 4-08.00
- 7 Morgan Wigg 12 Moose Lake/Willow River 4-08.00
- 9 Marta Forsline 9 Mesabi East 4-06.00
- 10 Mariah Fitzpatrick 10 Crosby-Ironton 4-04.00
- 10 Grace Larson 10 Crosby-Ironton 4-04.00
- Ashlyn Schwarz 9 Deer River/Northland NH
- Liberty Clifford 10 Esko NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Jackson Thompson 12 Moose Lake/Willow River 13-00.00
- 2 John Paul Fitzpatrick 12 Crosby-Ironton 12-00.00
- 3 Spencer Hipp 11 Esko 11-00.00
- 3 Oliver Toftness 10 Crosby-Ironton 11-00.00
- 5 Micah Thompson 9 Moose Lake/Willow River 11-00.00
- 6 Alec Halvorson 10 Esko 10-06.00
- 7 Lachlan Reiners 9 International Falls 10-00.00

- 8 Hunter Milstead 10 Greenway/Nashwauk/Keewati 9-06.00
- 9 Tyler Franke 11 Aitkin 9-00.00
- 10 Matthew Schaaf 12 Deer River/Northland 9-00.00
- 11 Ben Thompson 11 Chisholm 8-06.00
- 11 Carter Steele 11 Mesabi East 8-06.00
- 13 Kadin Waterhouse 12 Greenway/Nashwauk/Keewati 8-00.00
- 14 Leighton Helander 11 Mountain Iron-Buhl 8-00.00

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Lucy Lewandowski 9 Crosby-Ironton 9-06.00
- 2 Quianna Ford 11 International Falls 9-06.00
- 3 Sydney Jones 11 Crosby-Ironton 9-00.00
- 4 Dianne LaVoy 12 International Falls 7-06.00
- 5 Keira Hesseldahl 11 International Falls 7-06.00
- 5 Madelyn Strohmayer 11 Aitkin 7-06.00
- 7 Alissa Yanez 12 Greenway/Nashwauk/Keewati 7-06.00
- 8 Emma Morris 10 Deer River/Northland 7-06.00
- 9 Alora Dammann 12 Esko 7-00.00
- 9 Aleah Lindgren 10 Esko 7-00.00
- 11 Mallory Leitinger 11 Aitkin 7-00.00
- 12 Jaezreel Johnson 10 Mesabi East 6-00.00
- Lauren Radovich 10 Esko NH
- Kaylee Kangas 10 Greenway/Nashwauk/Keewati NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Jordan Mount 11 Crosby-Ironton 21-08.50 0.6
- 2 Tate Nelson 10 Two Harbors 21-02.50 1.1
- 3 Alec Wake 12 Deer River/Northland 20-07.75 1.2
- 4 Ryan Sturm 11 Esko 20-07.00 0.9
- 5 Jordan Latola 12 Mesabi East 19-11.25 1.4
- 6 Dalton Spindler 11 Esko 19-08.50 1.3
- 7 Carlos Beckstrand 11 Barnum 19-02.25 0.4
- 8 Jeremy Huff-Metso 11 Greenway/Nashwauk/Keewati 19-01.75 0.9
- 9 Cam Nelson 12 Two Harbors 18-11.25 1.8
- 10 Wesley Ward 12 Carlton-Wrenshall 18-10.00 1.4
- 11 John Duffy 10 Greenway/Nashwauk/Keewati 18-07.25 0.6
- 12 Ethan Lauzen 10 Chisholm 18-01.50 0.6
- 13 Brayden Austad 10 Greenway/Nashwauk/Keewati 17-06.50 1.3
- 14 Eli Olson 10 Ely 16-06.25 1.2

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Kaitlyn McConnell 10 Esko 17-00.75 1.7
 - 2 Sammie Hachey 9 Crosby-Ironton 16-01.75 0
 - 3 Morgan Wigg 12 Moose Lake/Willow River 15-10.25 0.2
 - 4 Elli Theel 12 Mesabi East 15-07.00 1.6
 - 5 Claire Clusiau 11 Greenway/Nashwauk/Keewati 15-00.00 0.1
 - 6 Delaney Nelson 9 Two Harbors 14-10.50 0.3
 - 7 Mia Domiano 10 Mesabi East 14-08.50 1.6
 - 8 Tatum Peterson 12 Deer River/Northland 14-08.00 0
 - 9 Rachel Bopp 10 Two Harbors 14-07.00 2.5
 - 10 Summer Hesseldahl 12 International Falls 14-06.00 1.5
 - 11 Trinity Giddings 10 Two Harbors 14-05.75 0
 - 12 Anna Neyens 8 Mountain Iron-Buhl 14-02.00 1
 - 13 Margaret Silgen 11 Crosby-Ironton 14-00.75 1.3
 - 14 Izzy Wiita 7 Mountain Iron-Buhl 13-00.50 1.1

Varsity Boys Triple Jump Finals

Athlete Yr Team Mark Wind

- 1 Jordan Mount 11 Crosby-Ironton 41-06.25 0
- 2 Mason Boyd 12 Aitkin 41-05.00 1.6
- 3 Alec Wake 12 Deer River/Northland 41-01.75 0.8
- 4 Ethan Lauzen 10 Chisholm 40-08.00 0.5
- 5 Charlie Thompson 12 Chisholm 40-05.75 0
- 6 Jordan Latola 12 Mesabi East 40-02.75 0.5
- 7 Isaiah Baker 9 Aitkin 40-02.00 0.4
- 8 Eli Olson 10 Ely 39-06.50 0.3
- 9 Jacion Owens 10 Esko 38-01.75 1.1
- 10 Charlie Pearson 8 Chisholm 37-09.75 0.4
- 11 Dalton Spindler 11 Esko 37-02.00 0.8
- 12 Zach Johnson 9 Lakeview Christian Academ 37-00.00 1.8
- 13 Gavin Thiry 12 Barnum 36-06.50 0.7
- 14 Kaden Baribeau 9 Mesabi East 36-06.00 2.1

Varsity Girls Triple Jump Finals

Athlete Yr Team Mark Wind

- 1 Abbigail Hutchinson 11 International Falls 33-04.00 1.6
- 2 Karly Holm 12 Two Harbors 33-03.75 2.1
- 3 Margaret Silgen 11 Crosby-Ironton 33-02.75 1.3
- 4 Emma Jacobson 11 Aitkin 32-11.00 2
- 5 Macie Lind 11 Cromwell-Wright 32-05.75 1.6
- 6 Kaitlyn McConnell 10 Esko 32-03.00 0.8
- 7 Rianna Nugent 11 Greenway/Nashwauk/Keewati 31-06.00 0.7
- 8 Layla Miskovich 11 Greenway/Nashwauk/Keewati 31-05.75 1.4
- 9 Kyra Johnson 11 Esko 31-01.50 1.4
- 10 Chloe Green 8 Mesabi East 30-01.50 1.9

11 Jillian Bilben 11 International Falls 29-11.00 1.4
12 Caitlin Armbrust 11 Crosby-Ironton 29-06.50 0.3
13 Kenna Ridge 12 South Ridge/Cherry/North 29-05.00 1
14 Maija Hill 11 Mesabi East 28-06.25 1.1